



2009 USATF Ozark Association Junior Olympic Track & Field Championships

Sanction # 5185 / 09-22-007

Saturday / Sunday – June 27 & 28, 2009

Parkway Central High School

369 N Woods Mill Rd., Chesterfield, MO



AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

Age Divisions
*Sub-Bantam (born 2001 & younger)
Bantam (born 1999 – 2000)
Midget (born 1997 – 1998)
Youth (born 1995 – 1996)
Intermediate (born 1993 –1994)
Young (born 1991 – 1992)
-athletes born in 1990 are eligible if they do not turn 19 on or before 7/27/2009



Individuals: Only U.S. citizens, aliens living in the United States, and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only*. Competitors in the Bantam and Midget divisions may compete in a maximum of (3) three events, including relays. Competitors in the Youth, Intermediate, and Young divisions may compete in a maximum of (4) four events, including relays. **All athletes must be 2009 members of USATF in good standing.** USATF membership is available for purchase online at www.usatf.org or through the Ozark Association Office (fee is discounted through Ozark Office).

*Sub-Bantam: Contested as Exhibition only – All Competitors will advance to Region 9 Championships. (USATF does not contest division at National Championships. Athletes may compete as Bantam during Junior Olympics and will remain Bantam.)

ENTRY FEE & METHOD: Meet Fee - \$15 per athlete

- Club Administrators and Unattached Athletes should register online at www.coacho.com by **Thursday, June 25 @ 11:30a.** **Late entries will not be allowed.** Online registration opens 6/01/09. **Fees must be paid online by the close of registration.** No surcharge will apply and entries must be paid with a credit card. Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Coach O for accuracy prior to submitting entry.
- **Valid 2009 USATF Membership & Proof of Birth** (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required and **must be presented during Packet Pick-up to receive Competition Bibs.** Verification is necessary to compete.

PACKET PICK-UP: Saturday, June 27 from 7:00a - 8:00a at the track Saturday/Sunday. **USATF Cards & Birth Certificates will be verified before receiving bibs.** Bibs must be worn on the front of jersey. Replacement bibs \$15.

TRACK DIRECTIONS & PARKING: 369 N Woods Mill Rd-Chesterfield, MO – From North County take HWY 270 to Ladue Rd (exit 13), turn right onto Ladue. Then turn a slight right onto N Woods Mill Rd.

From South County take HWY 270 to Ladue Rd, turn left onto Ladue.

Onsite Packet Pick-up opens 7a / Coaches Meeting 7:45a / Meet begins 8a

RESULTS: Event results will be posted near the Awards Table during competition. In addition, event results will be posted at www.coacho.com upon completion of the meet.

AWARDS: Medals will be awarded to the top three (3) individuals and/or relay teams in each event of each age division. Ribbons will be awarded to places 4, 5 & 6. Awards will be available for pick-up once results have been posted and announced at the designated awards table. Outstanding Overall Performance Awards will go to top male & female athletes upon completion of meet per Committee of Coaches.

ADVANCEMENTS: The top 6 individuals and relay teams in each event of each age division will advance to the USATF Region 9 Championships to be held **July 9-11, 2009 @ Wichita State – Wichita, KS.**

All advancement/entry forms for the USATF Region 9 Championships should be submitted & paid for (cash or money order only – no checks) prior to leaving the track meet, June 28

Late registrations will be accepted by appointment only through Wednesday evening, 6/30/09. Contact: **Nichole Randall @314-495-6671.**

National Championships will be held July 28 – August 2 at NC AT&T – Greensboro, NC. The top 3 athletes at the Region 9 Championships will qualify for the National Championships. Additional information is available at <http://www.usatf.org/events/2009/USATFJuniorOlympicTFChampionships/>.

RELAY TEAMS: Only registered 2009 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. **ALL Relay Rosters must be submitted during Packet Pick-up without exception.**

EQUIPMENT: “House” throwing implements will be available. Personal implements will be pooled and available to all competitors within same division. Spikes longer than 1/4” are not allowed.

EVENT CHECK-IN: Athletes must report to the bullpen 15 minutes prior to the event starting time for declaration. Athletes will be required to remain in the designated warm-up areas after checking in. Field events will report directly to respective event locations.

PROTESTS: There will be a \$50 cash fee for all protests. Protests must be submitted in writing to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

CONDUCT & FACILITY: Parkway Schools are tobacco and alcohol free. Pets are not allowed. Athletes and spectators shall conduct themselves in a manner which respects the rights of others and reflects favorably upon the Ozark Association and USA Track & Field.

CONCESSIONS: A full concession stand will be available during the meet. Coolers are acceptable – no glass bottles please. Personal grills & barbeque pits are not allowed.

TENTS: Tents allowed in designated areas only and should not block the track, field events or flow of meet.

MEET DIRECTOR: Ann Mahone – St. Louis Blues – 314-388-2455 – annsblues@yahoo.com

ASST DIRECTOR: Rodney Dotson – St. Louis Blues – 314-276-3796

MEET SUPPORT: Nichole Randall – Ozark Youth Chair – 314/495-6671 – nicnakk1@charter.net

TIMING: Fully Automated Timing (F.A.T.) will be provided

OFFICIALS & WORKERS: Officials & Volunteers are needed at every level to host a quality Association Championship Event. **Clubs providing (1) Official/Volunteer for every (10) athletes competing will receive rebate of \$3 per athlete represented.**

GENERAL INFO:

- Events will contest girls first, then boys, unless otherwise noted.
- All field events will have 3 preliminary attempts and the top 8 finalists will be allowed 3 final attempts. Pole vault and high jump are excluded from this rule.
- All events are finals unless specifically noted.
- **Any race shown as a Prelim that has 8 or fewer contestants Declare will be run as a Timed Final.** Athletes will be advised of said changes/updates while in the Bullpen.
- Events will be combined at the discretion of the Games Committee (i.e. 3000M MG & MB) in order to expedite the overall meet, while ensuring fair competition. Daily combinations will be announced during the coaches meeting.
- All events will run continually from their initial start time. Athletes are reminded that **track events take precedence over field events**; however, athletes should not check out until 10 min. prior to their race. Athletes gone longer than 10 minutes upon completion of running event without notifying the field event official will forfeit their remaining jumps/throws.
- Athletes born in 1990 are eligible if they do not turn 19 on or before 7/27/2009.
- There will be no "moving up" in any events, including relays*.
*Sub-Bantam Division will be contested as Exhibition only – All Competitors will advance to Region 9 Championships as Exhibition. USATF does not contest division at National Championships therefore athletes may compete as Bantam during Junior Olympics and will remain Bantam.
- Medical assistance will be available onsite, including ambulance service
- **Athlete Rosters (list of competitors) should be submitted via email by 6/26/09 for typesetting.**
Please send to annsblues@yahoo.com

USA
TRACK & FIELD

2009 OZARK USATF ASSOCIATION CHAMPIONSHIPS MEET SCHEDULE**

**Any race shown as a Prelim that has 8 or fewer contestants Declare will be run as a Timed Final.

SATURDAY, JUNE 27

TIME	RUNNING EVENT	TYPE	DIVISION & ORDER
8am	3000M Run	Finals	MG/MB, YG/YB, IG/IB/YW
	5000M Run	Finals	YM
	400M Dash	Prelims	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
	80M Hurdles	Prelims	MG, MB
	100M Hurdles	Prelims	YG, YB, IG, YW
	110M Hurdles	Prelims	IB, YM
	100m Dash	Prelims	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
	4x800M Relay	Finals	MG, MB, YG, YB, IG, IB, YW, YM
	200M Dash	Prelims	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
TIME	FIELD EVENT	TYPE	DIVISION & ORDER
8am	Mini Javelin	Finals	BG, MG
	Pole Vault	Finals	All divisions will be combined - YG, YB, IG, IB, YW, YM
	Triple Jump Pit #1	Finals	YG, IG, YW
	Long Jump Pit #2	Finals	BG, MG, YG, IG, YW
	High Jump	Finals	YW, IG, YG, MG, BG
	Shot Put	Finals	IG, YW, YG, MG, BG
	Discus	Finals	MG, YG, IG, YW
10am	Javelin	Finals	YG, IG, YW
11am	Long Jump Pit#1	Finals	SBG, SBB

SUNDAY, JUNE 27

TIME	RUNNING EVENT	TYPE	DIVISION & ORDER
8am	1500M Run	Finals	BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
	400M Dash	Finals	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
	80M Hurdles	Finals	MG, MB
	100M Hurdles	Finals	YG, YB, IG, YW
	110M Hurdles	Finals	IB, YM
	100m Dash	Finals	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
	1500M Racewalk	Finals	All divisions will be combined - BG, BB, MG, MB
	3000M Racewalk	Finals	All divisions will be combined - YG, YB, IG, IB, YW, YM
	4x100M Relay	Finals	BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
	200M Hurdles	Finals	YG, YB
	400M Hurdles	Finals	IG, YW, IB, YM
	800M Run	Finals	SBG, SBB, BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
	200M Dash	Finals	BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
	4x400M Relay	Finals	BG, BB, MG, MB, YG, YB, IG, IB, YW, YM
TIME	FIELD EVENT	TYPE	DIVISION & ORDER
8am	Mini Javelin	Finals	BB, MB
	Triple Jump Pit #1	Finals	YB, IB, YM
	Long Jump Pit #2	Finals	BB, MB, YB, IB, YM
	High Jump	Finals	YM, IB, YB, MB, BB
	Shot Put	Finals	IB, YM, YB, MB, BB, SBG, SBB
	Discus	Finals	MB, YB, IB, YM
10am	Javelin	Finals	YB, IB, YM

2009 OZARK USATF ASSOCIATION CHAMPIONSHIPS EVENT LIST

Sub-Bantam (2001 & younger)

100 M Dash
200 M Dash
400 M Dash
800 M Dash
Long Jump
Shot Put (6 lb)

Bantam (1999-2000)

100 M Dash
200 M Dash
400 M Dash
800 M Run
1500 M Run
1500 M Racewalk
4 x 100 Relay
4 x 400 Relay
Long Jump
High Jump
Shot Put (6 lb)
Mini Javelin (300 g)

Midget (1997-1998)

100 M Dash
200 M Dash
400 M Dash
800 M Run
1500 M Run
1500 M Racewalk
80 M Hurdles (30")
3000 M Run
Long Jump
High Jump
Shot Put (6 lb)
Mini Javelin (300 g)
Discus (1.0 kg)
4 x 100 Relay
4 x 400 Relay
4 x 800 Relay

Youth (1995-1996)

100 M Dash
200 M Dash
400 M Dash
800 M Run
1500 M Run
3000 M Racewalk
3000 M Run
100 M Hurdles (B-33"/G-30")
200 M Hurdles (30")
High Jump
Shot Put (B-4kg/G-6lb)
Javelin (600 g)
Long Jump
Pole Vault
Discus (1.0 kg)
Triple Jump
4 x 100 Relay
4 x 400 Relay
4 x 800 Relay

Intermediate (1993-1994)

100 M Dash
200 M Dash
400 M Dash
800 M Run
1500 M Run
3000 M Racewalk
3000 M Run
110/100 M Hurdles (B-39"/G-33")
400 M Hurdles (B-36"/G-30")
High Jump
Shot Put (B-12lb/G-4 kg)
Javelin (B-800g/G-600g)
Long Jump
Pole Vault
Discus (B-1.6kg/G-1.0kg)
Triple Jump
4 x 100 Relay
4 x 400 Relay
4 x 800 Relay

Young Men/Women (1991-1992)

100 M Dash
200 M Dash
400 M Dash
800 M Run
1500 M Run
3000 M Racewalk
3000/5000 M Run (girl/boy)
110/100 M Hurdles (B-39"/G-33")
400 M Hurdles (B-36"/G-30")
High Jump
Shot Put (B-12lb/G-4kg)
Javelin (B-800g/G-600g)
Long Jump
Pole Vault
Discus (B-1.6kg/G-1.0kg)
Triple Jump
4 x 100 Relay
4 x 400 Relay
4 x 800 Relay

THE FOLLOWING EVENTS WILL NOT BE CONTESTED AND WILL AUTOMATICALLY PASS
through to Region 9 held July 9-11 @ Wichita State – Athletes should register for events using the Advancement Form:

- **Steeplechase** (IG, IB, YW, YM)
- **Hammer Throw** (IG, IB, YW, YM)
- **Multi-Events** (BG, BB, MG, MB, YG, YB, IG, IB, YW, YM)

TRACK & FIELD