



**2011 Ozark District Qualifier
AAU Track & Field**

- Meet Site: Friday, June 17, 2011- Sunday, June 19, 2011
University City High School Track
7401 Balson Road, St. Louis, MO 63130
- Entry Fees: \$15 per athlete. All entry fees must be paid on-line at www.coacho.com by using a credit card by 10:00 p.m. on June 15, 2011.
- Club Entries: A club representative must register athletes on-line at www.coacho.com by **10:00 p.m. on Wednesday, June 15**. Unattached athletes must also register at this site. Current AAU numbers and hometown must be entered.
- Age Divisions: Primary-2003 or Later; Sub Bantam-2002; Bantam-2001; Sub Midget-2000; Midget-1999; Sub Youth-1998; Youth-1997; Intermediate-1995-1996; Young Women/Men-1993-1994. Determined by age of athletes on December 31, 2011.
- Number of Events: Age groups Primary through Midget - 3 events
Age groups Sub Youth- Young Women/Men - 4 events
- Relay events are counted as one of the limiting events.
 - Athletes may only enter those events listed for their age division as indicated by their year of birth.
- Relay Teams: Only currently registered Ozark AAU Clubs may field a relay team.
- Awards: 1st through 3rd place- medals /4th through 6th place- ribbons
- Concessions: There will be a full service concession stand open during the meet.
- Meet Director: Wanda McNeil 314-249-2526
wkmcneil@yahoo.com
- Site Manager: Ozark District Chair, Wanda McNeil
- National Qualifier Meets: Athletes from all divisions who receive a fair mark in any event will qualify for the AAU National Qualifier meets. Dates and locations can be obtained on www.coacho.com. Area 11 National Qualifier meets will be held June 30-July 3 in TBA. Registration is through www.coacho.com Athletes can participate in any National Qualifier Meet, however, athletes can only participate in only one National Qualifier Meet.

- This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site www.ausports.org to obtain their membership.

There will be no entries permitted after the posted deadline date of June 15th by 10:00 p.m..



2011 Ozark District Qualifier AAU Track & Field

Primary Division (Born 2003 or Later)

100 Meter Dash
200 Meter Dash
400 Meter Dash
800 Meter Run
4x100 Meter Relay
Long Jump
Shot Put (4 lb.)

Bantam Division (Born 2001)

100 Meter Dash
200 Meter Dash
400 Meter Dash
800 Meter Run
1500 Meter Run
1500 Meter Race Walk
4x100 Meter Relay
4x400 Meter Relay
Long Jump
High Jump
Shot Put (6 lb)

Midget Division (Born 1999)

80 Meter Hurdles (30")
100 Meter Dash
200 Meter Dash
400 Meter Dash
800 Meter Run
1500 Meter Run
3000 Meter Run
1500 Meter Race Walk
4x100 Meter Relay
4x400 Meter Relay
4x800 Meter Relay
Long Jump
High Jump
Shot Put (6 lb)
Discus (1.0 kg)

Sub Bantam Division (Born 2002)

100 Meter Dash
200 Meter Dash
400 Meter Dash
800 Meter Run
1500 Meter Run
1500 Meter Race Walk
Long Jump
High Jump
Shot Put (6 lb)

Sub Midget Division (Born 2000)

100 Meter dash
80 Meter Hurdles (30")
200 Meter Dash
400 Meter Dash
800 Meter Run
1500 Meter Run
3000 Meter Run
1500 Meter Race Walk
Long Jump
High Jump
Shot Put (6 lb)
Discus (1 kg)

**Sub Youth- 1998**

100 M Hurdles (G-30"/B-33")
 100 M Dash
 200 M Dash
 400 M Dash
 800 M Run
 1500 M Run
 3000 M Run
 3000 M Racewalk
 200 M Hurdles (30")
 Pole Vault
 Javelin (600g)
 Triple Jump
 Long Jump
 High Jump
 Shot Put (G-6lb/B-4kg)
 Discus (1kg)

Youth- 1997

100 M Hurdles (G-30"/B-33")
 100 M Dash
 200 M Dash
 400 M Dash
 800 M Run
 1500 M Run
 3000 M Run
 3000 M Racewalk
 200 M Hurdles (30")
 Pole Vault
 Javelin (600g)
 Triple Jump
 Long Jump
 High Jump
 Shot Put (G-6lb/B-4kg)
 Discus (1kg)
 4 x 100 Relay
 4 x 400 Relay
 4 x 800 Relay

Intermediate- 1995-96

100/110 M Hurdles (G-33"/B-39")
 100 M Dash
 200 M Dash
 400 M Dash
 800 M Run
 1500 M Run
 3000 M Run
 3000 M Racewalk
 400 M Hurdles (G-30"/B-36")
 Pole Vault
 Javelin (G-600g/B-800g)
 Triple Jump
 Long Jump
 High Jump
 Shot Put (G-4kg/B-12lb)
 Discus (G-1kg/B-1.6kg)
 4 x 100 Relay
 4 x 400 Relay
 4 x 800 Relay

Young Men/Young Women 1993-94 (Athletes still 18 as of August 6, 2011 may participate)

100/110 M Hurdles (G-33"/B-39")
 100 M Dash
 200 M Dash
 400 M Dash
 800 M Run
 1500 M Run
 3000 M Run
 3000 M Racewalk
 400 M Hurdles (G-30"/B-36")
 Pole Vault
 Javelin (G-600g/B-800g)
 Triple Jump
 Long Jump
 High Jump
 Shot Put (G-4kg/B-12lb)
 Discus (G-1kg/B-1.6kg)
 4 x 100 Relay
 4 x 400 Relay
 4 x 800 Relay

Note: Relays - Sub Bantam can run in the Bantam relays. Sub Midget can run on the Midget relays. Sub Youth can run in the Youth relays.

All races will be timed finals.



2011 Ozark AAU Primary-Midget District Qualifier Athlete entry worksheet

Please return to your coach by _____.

Name (First, Last) _____

AAU Number _____

Date of Birth (MM/DD/YY) _____

Age Group _____ Phone Number _____

Please enter me in the following events: (Primary-Midget 3 events)

Event #1 _____

Event #2 _____

Event #3 _____

(This form is for team internal purposes only. All entries must be completed on www.coacho.com **No Exceptions**)



2011 OZARK DISTRICT QUALIFIER

AAU TRACK & FIELD

SCHEDULE OF EVENTS

FRIDAY TRACK EVENTS:

6:00 p.m.	<u>EVENT</u>	<u>AGE DIVISION</u>
	3000M Run - Finals	Sub Midget – Young Women/Men
	1500 M Racewalk	Sub Bantam-Midget
	3000 M Racewalk	Sub Youth – Young Women/Men

FRIDAY FIELD EVENTS:

6:00 p.m.	<u>EVENT</u>	<u>AGE DIVISION G/B</u>
	Triple Jump	Sub Youth – Young Women/Men
	Pole Vault	Sub Youth – Young Women/Men
	Javelin (Cafeteria)	Sub Youth – Young Women/Men

SATURDAY TRACK EVENTS:

8:00 a.m.	<u>EVENT</u>	<u>AGE DIVISION</u>
	400 M - Finals	Primary- Young Women/Men
	80 M Hurdles– Finals	Sub Midget, Midget
	100 M Hurdles- Finals	Sub Youth G/B – Young Women
	110 M Hurdles- Finals	IB, YM
	100M - Finals	Primary-Young Women/Men
	4 x 800 Relay- Finals	Midget – Young Women/Men
	200 M - Finals	Primary- Young Women/Men

SATURDAY FIELD EVENTS:

8:00 a.m.	<u>EVENT</u>	<u>AGE DIVISION GIRLS</u>
	Long Jump #1	PG,SBG,BG, SMG, MG
	Long Jump #2	PB,SBB, BB, SMB,MB
	High Jump	SBG, BG, SMG, MG,SBB, BB, SMB,MB
10:00 a.m.	Shot Put	SMG,SMB,MG, MB,PG, PB,SBG, SBB,BG,BB
11:00 a.m.	Discus	SMG, SMB, MG, MB

SUNDAY TRACK EVENTS:

8:00 a.m.	<u>EVENT</u>	<u>AGE DIVISION</u>
	1500M Run- Finals	Sub Bantam-Young Women/Men
	400M Hurdles – Finals	IG, IB, YW, YM
	200M Hurdles - Finals	Sub Youth – Youth
	4 x 100 Relay- Finals	Primary - Young Women/Men
	800 M- Final	Primary- Young Women/Men
	4x400M Relay - Finals	Bantam - Young Women/Men

Awards ceremony will take place at approximately noon on Sunday between events.

SUNDAY FIELD EVENTS:

8:00 a.m.	<u>EVENT</u>	<u>AGE DIVISION BOYS</u>
	Long Jump #1	SYG, YG, IG, YW
	Long Jump #2	SYB, YB, IB, YM
	High Jump	YW,IG,YG,SYG,YM, IB, YB, SYB
10:00 a.m.	Shot Put	SYG, SYB, YG, YB, IG, IB, YW,YM
11:00 a.m.	Discus	SYG, SYB, YG, YB, IG, IB, YW,YM